

President's Message



MELISSA
HICKS

I hope everyone is having a smooth busy season, although I am sure this one has been one for the records, considering the impact of the new tax bill.

I have recently made a move back to public accounting, but my focus

is on not-for-profits, which means my busy season is just beginning. Each of us may have different busy seasons, depending on the focus of our career, but we each need to be sure to take the time for ourselves. Be sure to take any time you can to reenergize and relax. Don't forget to get some shut eye as well. Here are some reminders/tips to stay healthy with our upcoming time crunches:

walk a bit further; or 3) consider purchasing a standing desk.

■ **Eat Healthy and on Time** – Be sure to eat breakfast each and every day, keep hydrated and try to make time for lunch. Foods that are low in nutritional value and have too many calories can pose serious health problems, including weight gain, cardiovascular problems and diabetes. It is important to stick to a healthy diet and a strict routine.

■ **Sleep is Important** – Sleep deprivation can lead to fatigue, confusion, memory lapses and irritability. Try creating a sleep schedule and sticking to it. Avoid watching TV or browsing the internet, as this can interfere with your sleep.

■ **Schedule a Vacation** – Scheduling a vacation now will give you something to look forward to and will help you get through the next couple of months.

■ **Integrate Activity into your Everyday Life** – If you have a hectic schedule, you can try to integrate some activity into your everyday life by 1) taking the stairs instead of the elevator; 2) parking in the back of the parking lot to force yourself to

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(continued...)

President's Message (cont'd)

Here's a quick summary of events we held in January:

- January 16 – Our **Members in Industry Committee** provided an annual tax and economic update at Empire National Bank in Islandia. See more on page 3.

- January 31 – The **Cooperation with Bankers Committee** held the annual

networking event at the Fox Hollow, in conjunction with the Nassau CFO Committee.

Don't miss our upcoming events, which are listed on pages 4 through 9.

I look forward to seeing everyone after our busy seasons!

– *Melissa Hicks*

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Accounting & Auditing

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Cooperation with

Bankers & Other Credit Grantors

Cooperation with

Educational Institutions

Construction & Real Estate

East End

Emerging Technologies

Employee Benefits

Estate/Financial Planning

Forensic and Valuation Services

General Taxation

Golf Outing

Members in Industry

Membership

NextGen

Nominating

Not-For-Profit & Government

Accounting & Auditing

Public Relations

Small Business

Sponsorship

To contact a committee chair,
 see page 10.



March 5
Mardi Gras



March 10
Daylight
Savings



March 17
St. Pat's Day



April 1
April Fool's



April 20-21
Passover,
Easter



April 22
Earth Day

Committee Report: Members in Industry

The Suffolk Chapter NYSSCPA Members in Industry committee meets monthly from September through May. We welcome CPAs across all industries and practices. Our morning meetings start and end promptly, from 8 to 10 a.m. There are no entry fees and meetings earn two CPE credits. For more information: Janet Verneuille, JVerneuille@empirenb.com.

Ernie Smith and **John Spatola** of Nawrocki Smith, LLP presented the Annual Tax and Economic Update for our January session, and Ernie returned in February to present on ESOPs and Succession Planning. Empire National Bank hosted both breakfast meetings.

See below for information about our next meeting, on March 20.



Ernie Smith, Anthony Aronica
 Stephen Piccininni, Victor Schaller,
 Annmarie Gagliardi



John Spatola, Ernie Smith



Bill Franz, Cathy Giamundo,
 Rob Loring, Marie Girardi,
 Janet Verneuille

Meeting Dates: *Mark your calendar now!*

Wednesday, March 20, 8-10 a.m.

Seven Critical Factors of Leadership Intelligence

A joint session with the NYSSCPA Nassau Chapter CFO Committee

Speaker: Marie Elena Chindamo, GPHR, SHRM-SCP, ProTilly, Inc.

Hosted by Marcum LLP, 10 Melville Park Road, Melville.

[REGISTER HERE](#)

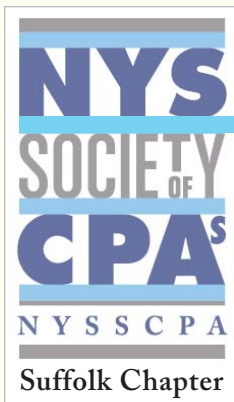
Wednesday, April 17, 8-10 a.m.

HR Business Busters that Can Hit the Bottom Line

Speaker: Dawn Davidson Drantch, Esq., AlcottHR

Hosted by Empire National Bank, 1707 Veterans Highway, Islandia.

[REGISTER HERE](#)



Mark Your Calendar...

MARCH 20, 2019

Members in Industry meeting: Seven Critical Factors of Leadership Intelligence. Details on page 5.

APRIL 17, 2019

Members in Industry meeting: HR Business Busters that Can Hit the Bottom Line. Details on page 6.

MAY 13, 2019

Cooperation with Bankers and Other Credit Grantors: Banker/CPA Golf Outing. Details on page 7.

JUNE 19, 2019

Employee Benefits Committee: Advanced Audits of 401(k) Plans. Details on page 8.

JULY 10, 2019

Forensic and Valuation Services and East End Committees: Nine and Dine Golf Outing. Details on page 9.

For up-to-the-minute
NYSSCPA Suffolk Chapter activities
[CLICK HERE](#)

Committee Chairs!

Make sure to get all
future meeting dates to
Ken Laks at klaks@avz.com

Regarding Leadership Intelligence...

The NYSSCPA Suffolk Members in Industry Committee
along with the NYSSCPA Nassau CFO Committee
invites you



Seven Critical Factors of Leadership Intelligence

Wednesday, March 20

8 to 10 am

At Marcum LLP, 10 Melville Park Road, Melville

Speaker:

Marie E Chindamo — ProTilly, Inc.

Free! 2 CPE credits (Course code 29085911)

RSVP HERE

Or contact Janet Verneuille – JVerneuille@empirenb.com.

Avoiding HR Mistakes...

The NYSSCPA Suffolk Members in Industry Committee invites you



HR Business Busters that Can Hit the Bottom Line

Wednesday, April 17

8 to 10 am

At Empire National Bank
1707 Veterans Highway, Islandia

Understanding costly mistakes in Human Resources
with speaker **Dawn Davidson Drantch** — Alcott HR

Free! 2 CPE credits (Course code 29085914)

RSVP HERE

Or contact Janet Verneuille – JVerneuille@empirenb.com.

Golfing in Springtime...



The Committee on Cooperation with Bankers
and Other Credit Grantors presents

NYSSCPA – Suffolk Chapter's 48th Annual Golf Outing

Monday, May 13, 2019
 Southward Ho Country Club, Bay Shore

Check-In & Brunch 10:00 a.m.
 Shot Gun Start 11:30 a.m.
 Open Bar and Dinner 5:30 p.m.

Fees:
 \$500 – Golf, Brunch and Dinner
 \$225 – Cocktails and Dinner Only

The cost of the event includes \$50, which will go towards the
 NYSSCPA Suffolk Chapter Accounting Scholarship Fund.

Raffles & Prizes • Inscribed "Suffolk Cup" awarded to the low gross golfer.



Golf, brunch, dinner: \$500 per person _____

Cocktails, dinner only: \$225 per person _____

Total amount enclosed: _____

Name: _____

Golfer #2: _____

Firm: _____

E-mail: _____

Address: _____

Golfer #3: _____

City, State, Zip: _____

E-mail: _____

Telephone: _____

Golfer #4: _____

E-mail: _____

E-mail: _____

**TO REGISTER ONLINE
 AND PAY BY CREDIT CARD:**
 Click [HERE](#)

PAYING BY CHECK, payable to NYSSCPA, Suffolk Chapter to:
 Irene Howell | AVZ & Co, PC
 25 Suffolk Court, Hauppauge, NY 11788
 (631) 434-9500, ihowell@avz.com

An Advanced Course...

The NYSSCPA Employee Benefit Committee,
in cooperation with the FAE, invites you:



Advanced Audits of 401(k) Plans: *Best Practices and Current Developments*

**Wednesday, June 19
8 am to 4 pm**

at the Hilton Long Island,
Melville

Auditors need to raise their game in order to provide the quality audits that plan stakeholders demand. The AICPA has reacted by issuing a proposed SAS that will significantly impact how audits of these plans will be performed. Now is the time to get up to speed on these significant issues and changes occurring in the world of 401(k) plan audits.

- Annual update of 401(k) plan changes
- Compliance issues
- Best practices
- Avoiding common mistakes
- M&A planning

Speaker:

Melissa Critcher — Surgent McCoy CPE LLC

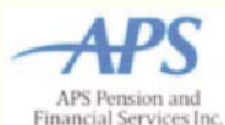
By 5/29: \$229 member, \$329 non-member. **After 5/29:** Add \$50

8 CPE credits (course code 33111021)

RSVP HERE

Or contact Felicia Paura, fpaura@sheehancpa.com

Sponsored by:



Golfing This Summer...

The NYSSCPA Suffolk Forensic and Valuation Services and East End Committees invite you to the 6th annual



at Cherry Creek Golf Links
900 Reeves Avenue,
Riverhead

Nine holes of golf (with cart)
and practice at
the driving range.

NEW THIS YEAR:
Expanded BBQ dinner!
Plus beer/wine/soda.

Prizes: Longest drive, closest to pin (men/women)

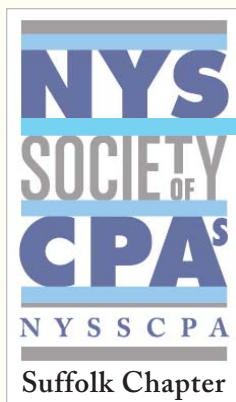
For information:

John Spatola
631-756-9500, jspatola@nslpcpa.com

Proceeds to benefit:

The Long Island Coalition for the Homeless:
2019 Backpack Pirates Event.





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The NYSSCPA Suffolk Chapter has a few committees looking for a chair! Contact Melissa Hicks for info on:

- EMERGING TECHNOLOGIES
- ESTATE/FINANCIAL PLANNING
- MANAGEMENT OF AN ACCOUNTING PRACTICE
- SMALL BUSINESS

Fun and Games – Name That Thing

1.



- A. dafodil
- B. crocus
- C. lily
- D. carnation

2.



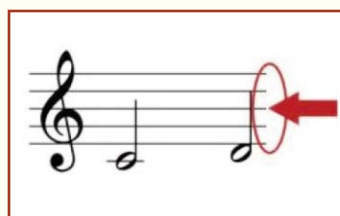
- A. plantain
- B. guava
- C. longan
- D. jackfruit

3.



- A. trump
- B. straight
- C. flush
- D. cribbage

4.



- A. arpeggio
- B. staff
- C. clef
- D. key

5.



- A. lemur
- B. tamarin
- C. marten
- D. macaque

6.



- A. garter stitch
- B. basket stitch
- C. rib stitch
- D. cable stitch

7.



- A. guava
- B. mango
- C. persimmon
- D. papaya

8.



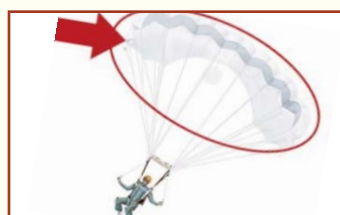
- A. speedometer
- B. odometer
- C. tachometer
- D. flywheel

9.



- A. steamer
- B. chinois
- C. mandoline
- D. colander

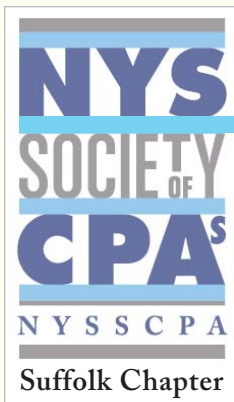
10.



- A. harness
- B. canopy
- C. altimeter
- D. stabilizer

SOURCE: merriam-webster.com

Answers: 1-D | 2-A | 3-C | 4-B | 5-A | 6-D | 7-C | 8-C | 9-D | 10-B



Get Involved with NYSSCPA Suffolk

COMMITTEE SERVICE APPLICATION

Here's a way to get involved with NYSSCPA Suffolk and help make a difference! Please rank the top 3 committees in which you have an interest:



- | | |
|---|--|
| <input type="checkbox"/> Accounting & Auditing | <input type="checkbox"/> Estate/Financial Planning |
| <input type="checkbox"/> Community Affairs | <input type="checkbox"/> Forensic and Valuation Services |
| <input type="checkbox"/> Construction Contractors | <input type="checkbox"/> General Taxation |
| <input type="checkbox"/> Cooperation with Attorneys | <input type="checkbox"/> Golf Outing |
| <input type="checkbox"/> Cooperation with Bankers and | <input type="checkbox"/> Management of Accounting Practice |
| Other Credit Grantors | <input type="checkbox"/> Members in Industry |
| <input type="checkbox"/> Cooperation with Educational | <input type="checkbox"/> Membership |
| Institutions | <input type="checkbox"/> NextGen (Young CPAs) |
| <input type="checkbox"/> CPE/Professional Development | <input type="checkbox"/> Not-for-Profit & Government |
| <input type="checkbox"/> East End | <input type="checkbox"/> Public Relations |
| <input type="checkbox"/> Emerging Technologies | <input type="checkbox"/> Real Estate & Construction |
| <input type="checkbox"/> Employee Benefits | <input type="checkbox"/> Small Business |

Please forward your response to:

Melissa Hicks, CPA: (631) 719 3267, melissa.hicks@bakertilly.com

SUFFOLK CHAPTER SPONSORSHIP PROGRAM

Here's your chance to make the most of your membership! SPONSOR ONE OF OUR EVENTS and get in front of colleagues, referral sources, and potential clients.



Step One: Choose the type of event based on your target audience.

- golf outings
- informational seminars
- networking events
- charitable events
- technical workshops

Step Two: Become a sponsor. At a cost of \$1,000 you receive:

- recognition in the Suffolk Chapter newsletter
- logo/recognition in all event flyers
- opportunity to speak at the event
- booth or table display space

To take advantage of this great offer, contact our Sponsorship Chair:

Thomas S. Pirro: (631) 472-7637; tpirrocpa@optonline.net

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